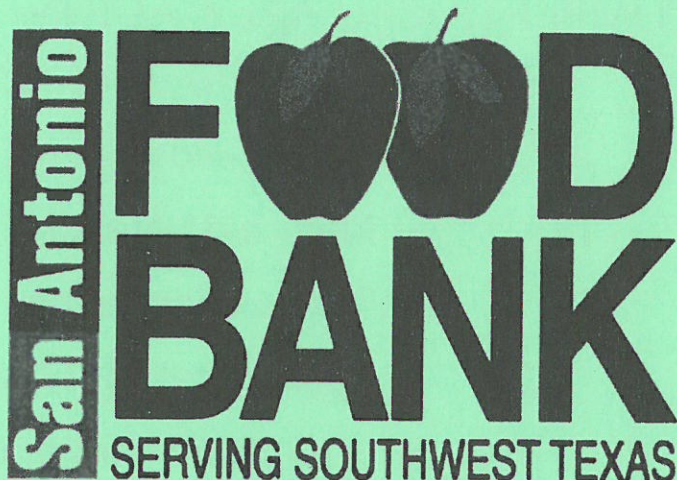


LET US HELP YOU COMPLETE YOUR APPLICATION



SNAP (Food Stamps)

CHIP/Children's Medicaid

Adult Medicaid

Women Infants & Children (WIC)

Women's Health Program

Long Term Care

TANF

Medicaid for the Elderly and People with Disabilities (MEPD)

*Other Services Offered:*

**Food Assistance**

Partner Agencies assist with food distribution in the community

**Seniors Programs**

Project HOPE - Provide free groceries to qualified Seniors age 60 and over

Farmer's Market - Provide vouchers for fresh produce to seniors during the harvest season

Senior Nutrition

**Children's Meals**

After-school and summertime programs provide meals to children throughout the year

**Culinary Training Program**

A 16 week Culinary Arts program providing job-skills training for individuals interested in the culinary industry

**Nutrition Education Program**

Provide classes on nutrition education, cooking demonstrations, and a variety of other health related topics

**Employment Services**

Provide services that prepare clients for today's job market

**Call us today!**

**Help Center 210-431-8326**

Toll Free: 1-800-246-9121

Help Center hours: Monday-Friday 8:00am-8:00pm Saturday 9:00-3:00pm

Our Lobby hours Monday-Friday 8:00am - 5:00pm

Visit us on the web: [www.safoodbank.org](http://www.safoodbank.org)

*This institution is an equal opportunity provider and employer  
in partnership with the U.S. Department of Agriculture.*